

## East Region Soccer League – Rules Summary 2017



<b>Regional</b>	U-14	U-15	U-16	U-17	U-18
<b>Ball Size</b>	# 5	# 5	# 5	# 5	# 5
<b>Offside</b>	Yes	Yes	Yes	Yes	Yes
<b>Goal Size (in feet)</b>	24x8	24x8	24x8	24x8	24x8
<b>Length of Halves (Note 1)</b>	45 min	45 min	45 min	45 min	45 min
<b>Minimum Players on Field</b>	7	7	7	7	7
<b>Maximum Players on Field</b>	11	11	11	11	11
<b>Maximum Players on Game sheet</b>	18	18	18	18	18
<b>Distance from Ball on Restarts (in yards)</b>	10	10	10	10	10
<b>Substitution on Stoppage of Play (Note 2)</b>	Yes	Yes	Yes	Yes	Yes
<b>Substitution on Throw-In at Request of Attacking Team (Note 3)</b>	Yes	Yes	Yes	Yes	Yes
<b>Substitution on Corner Kick at Request of Attacking Team</b>	No	No	No	No	No
<b>Substitution for Sent Off Players</b>	No	No	No	No	No

**Note 1:** Should there be a U15/U16 division the game length will be Two x 45 minute halves.

**Note 2:** Substitutions permitted on goals, goal kicks, half-time, injuries, and water breaks are common to all age groups.

**Note 3:** If the team who is allowed to substitute does so, the other team may also substitute at the same time. All substitutions must be done at the halfway line.

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<b>District Development &amp; Competitive</b>	<b>U-9</b>	<b>U-10</b>	<b>U-11</b>	<b>U-12</b>	<b>U-13</b>	<b>U-14</b>	<b>U-15</b>	<b>U-16</b>	<b>U-17</b>	<b>U-18</b>
<b>Ball Size</b>	# 4	# 4	# 4	# 4	# 5	# 5	# 5	# 5	# 5	# 5
<b>Offside (Note 1)</b>	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Throw-Ins</b>	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
<b>Goal Size (in feet)</b>	16x6	16x6	18x6	18x6	24x8	24x8	24x8	24x8	24x8	24x8
<b>Length of Games</b>	4x12min	4x12min	4x15min	4x15min	2x40min	2x40min	2x40min	2x45min	2x45min	2x45min
<b>Minimum Players on Field</b>	5	5	6	6	7	7	7	7	7	7
<b>Maximum Players on Field</b>	7	7	9	9	11	11	11	11	11	11
<b>Maximum Players on Game sheet</b>	12	12	16	16	18	18	18	18	18	18
<b>Distance from Ball on Restarts (in yards) (*See Note 2)</b>	6	6	6	6	10	10	10	10	10	10
<b>Substitution on Stoppage of Play</b>	Unlimited (any stoppage)				Yes	Yes	Yes	Yes	Yes	Yes
<b>Substitution on Throw-In at Request of Attacking Team (Note 3)</b>					Yes	Yes	Yes	Yes	Yes	Yes
<b>Substitution on Corner Kicks</b>					No	No	No	No	No	No
<b>Substitution for Sent Off Players</b>	Yes	Yes	Yes	Yes	No	No	No	No	No	No
<b>Yellow Cards (*See Note 4)</b>	No*	No*	Yes*	Yes*	Yes	Yes	Yes	Yes	Yes	Yes
<b>Red Cards (*See Note 5)</b>	No*	No*	Yes*	Yes*	Yes	Yes	Yes	Yes	Yes	Yes
<b>GK may touch ball with hands after deliberately kicked to him by teammate</b>	Yes	No	No	No	No	No	No	No	No	No

**Note 1:** For U9-U10 referees, at their discretion, will bring cherry picking (playing a player in front of opponent’s goal waiting for the ball when the ball is in player’s own half) to the attention of the offending team’s coach, except on free kicks. The coach is expected to address the situation.

**Note 2:** For U9-U12 the Opposing Team will retreat to **1/3 of the field** on goal kicks and its players may not play the ball until a player from the Kicking Team has played it or the ball crosses the line of retreat. The line of retreat also applies after a save when the ball is in the Goalkeeper’s hands. In the event that the Goalkeeper chooses to drop the ball to his/her feet, the ball is live, whether or not the opposing team has fully retreated. Violations result in a re-kick for the Kicking Team.

**Note 3:** If the team who is allowed to substitute does so, the other team may also substitute at the same time.

**Note 4:** For U9-U10 players are to be replaced if they are acting in such a manner that would normally warrant issuance of a yellow card.  
For U11-U12 issuance of a yellow card will also result in a 5-minute suspension to the Player. The player can be substituted.

**Note 5:** For U9-U10 in cases of extreme conduct which would normally warrant issuance of a red card, the Coach is expected to keep the player off the field for the remainder of the game.  
For U11-U12 issuance of a red card will result in the player taking no further part in the game. The player can be substituted.

**Penalty areas:** For U9 and U10 – 12m x 15m; For U11 and U12 – 13m x 32m

**Penalty spot:** For U9-U12 the penalty spot will be 9 metres from the midpoint between the goalposts and equidistant to them.

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<b>District Recreational</b>	<b>U13/14</b>	<b>U5/16</b>	<b>U17/18</b>
<b>Ball Size</b>	# 5	# 5	# 5
<b>Offside (Note 1)</b>	Yes	Yes	Yes
<b>Throw-Ins</b>	Yes	Yes	Yes
<b>Goal Size (in feet)</b>	24x8	24x8	24x8
<b>Length of Games</b>	2x40min	2x45min	2x45min
<b>Minimum Players on Field</b>	7	7	7
<b>Maximum Players on Field</b>	11	11	11
<b>Maximum Players on Game sheet</b>	18	18	18
<b>Distance from Ball on Restarts (in yards)</b>	10	10	10
<b>Substitution on Stoppage of Play</b>	Yes	Yes	Yes
<b>Substitution on Throw-In at Request of Attacking Team (Note 1)</b>	Yes	Yes	Yes
<b>Substitution on Corner Kicks</b>	No	No	No
<b>Substitution for Sent Off Players</b>	No	No	No
<b>Yellow Cards</b>	Yes	Yes	Yes
<b>Red Cards</b>	Yes	Yes	Yes
<b>GK may touch ball with hands after deliberately kicked to him by teammate</b>	No	No	No

**Note 1:** If the team who is allowed to substitute does so, the other team may also substitute at the same time. All substitutions must be done at the halfway line.