



Return to Play-Quick Look
June 16, 2020

Purpose

The purpose of this document is to provide the details of the West Ottawa Soccer Club's Return to Play Guidelines. The full WOSC Return to Play Guide can be found [here](#). This plan is intended to be read in parallel with the guidelines of governing bodies within government and within soccer. This plan and all referenced material are intended to support informed decision making by our members, coaches and other representatives of the West Ottawa Soccer Club related to their participation in the Club's modified programs.

Return to Play Guidelines

In June 2020 the Ontario Soccer Association released a Return to Play Guide. This guide is linked below and provide the foundation and guidelines that are included in this Return to Play Document.

Ontario Soccer Return to Play Guide. Click [here](#)

Technical Programs

Phase 1: **Return to Training (modified training)**

Conditions: All Phase 1 Return to Train Conditions are met

Restrictions: No league, exhibition, festival or tournament games.

Social distancing measures are still in place

No spectators (except for U8 and U9)

No contact

Sessions: Technical, Passing and Receiving and Conditioning

Phase 2: **Return to Training and Modified Games (enhanced training and modified Games)**

Conditions: All Phase 2 Return to Train Conditions are met

Inter-squad and Intra-squad modified games permitted (only within the West Ottawa Soccer Club) 1v1 to 7v7

Restrictions: No league, exhibition, festival or tournament games.

Modified rules for modified games.

No spectators (except for U8 and U9)

Sessions: Small-sided games, small group skill sessions

Phase 3: **Return to Soccer (regular competition, games and training)**

Conditions: Social Distancing restrictions have been lifted

Restrictions: None

Sessions and Games: Resume

Providing a Clean, Safe Environment

Club Office:

- To avoid unnecessary gathering and potential contamination, the office will remain closed. All meetings will be hosted and attended online. For assistance with registration or payment please email [WOSC staff](#).

Changerooms:

- All changerrooms are closed to players.

Washroom

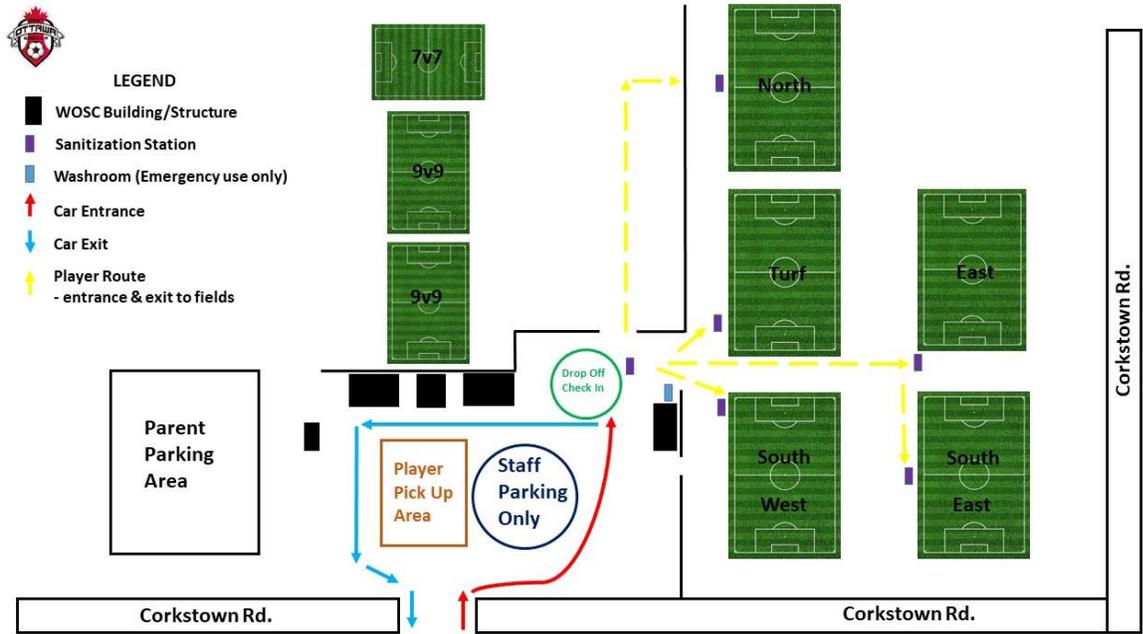
- There will be one emergency use portable toilet on site.

Equipment:

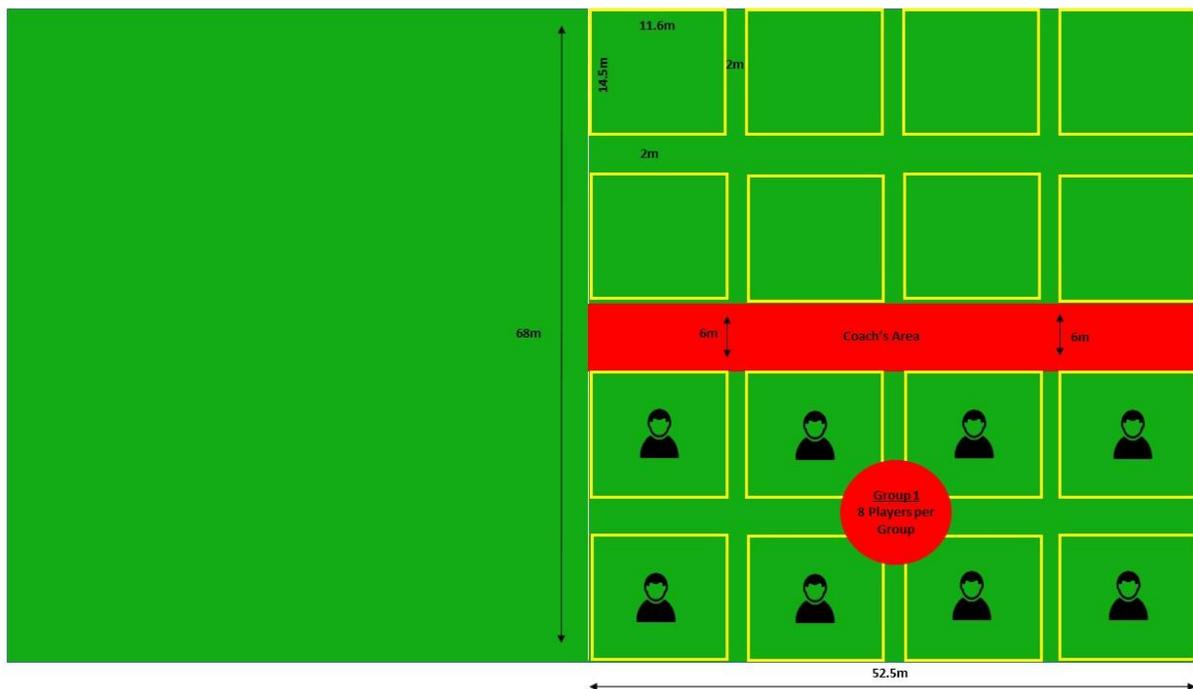
- Equipment will be sanitized by the club after every session with recommended sanitization products.
- Equipment may not be handled/touched by any individual other than the session coach at any time.

Facility:

- Wesley Clover will have one entrance and one exit only. See facility map below.
- Session start and end times will be staggered to permit coaches and players the opportunity to attend training sessions within appropriate physical distancing requirements and guidelines of health authorities
- Player backpacks will be placed in designated spaces, physically distanced from any other player's bag in adherence to the requirements and guidelines of health authorities.
- Washing stations with recommended hand sanitizer will be available at the entry and exit points of Wesley Clover as well as at each field for continued hand washing of players, technical staff and coaches.
- Facility map and field layouts:



FIELD MAP:



Measures to Keep People Safe

Check-In Requirements:

Club Emergency Response Plan:

The Club has issued a new Emergency Response Plan that must be followed by all in attendance at or participating in any way in Club programming or events. Failure to abide by the terms of the policy will result in removal from the session and the potential of further disciplinary actions. For Emergency Response Plan click [here](#)

Players and Parents:

All adult players and parents/guardians of youth players must complete a Release of liability, waver of claims and indemnity agreement. Please click here to view the waivers [U18](#) and [18+](#)

Players and parents are asked to review the [Player and Parent Protocols](#) and to remind themselves of the steps they must take to participate in Club programs before, during and after every session. This checklist includes the requirement for players to dress at home and arrive in their kit and cleats. This checklist also includes the requirement for all players to have their belongings in a single bag with a personal water bottle and their own hand sanitizer clearly labelled with their name for all training sessions to avoid use by any other individual.

Technical Staff and Coaches:

Coaches are asked to use [Coach Protocols](#) to remind themselves of the steps they must take to participate in Club programs before, during and after every session. This includes the requirement for a self-assessment prior to attending any Club program or event.

Disclaimer

The information in this document is not intended or implied to be a substitute for professional medical advice, diagnosis, or treatment. All content, including text, graphics, images and information, are provided for general informational purposes only. The knowledge and circumstances around COVID-19 are changing constantly and, as such, West Ottawa Soccer makes no representation and assumes no responsibility for the accuracy or completeness of this information. Further, you should seek advice from medical professionals and/or public health officials if you have specific questions about your return to training and competition.

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